# The Dream: Your High Performance Plan

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|  | Now | The Dream |
| **Monthly Income** |  |  |
| **Days of the week** |  |  |
| **Office Hours** |  |  |
| **Off Peak Hours** |  |  |
| **Total Weekly Work Hours** |  |  |
| **Travel** |  |  |
| **Vacations** |  |  |
| **Monthly Savings** |  |  |
| **Positions on My Team** |  |  |
| **New ClientsEach Month** |  |  |
| **Events I Host or Programs I Run** |  |  |
| **My List Size** |  |  |
| **How I Spend My Time** |  |  |
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| What else happens for you in The Dream? |
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| Finish this sentence…When I make The Dream my Reality…(Write as if it’s already happened. Use sentence starts like “I’ll have…” “I’ll be…” “I’ll feel…”(To get you started think about how will your business and personal life will be different? How will you feel about it? What will the benefits be?) |

# Tips for Staying Motivated & Inspired by Your High Performance Plan

### 1. Write your future letter and read it every single day.

### 2. Post High Performance Plan in your office so you see it all the time

### 3. Record a short voice memo using your iphone reading you “The Dream” part of your plan along with your “Finish this sentence” answer. Listen to it as you drive, shower, cook, run errands, etc. at least once a day.

### 4. Post some highlights into the Delegated to Done Formula Facebook group and share with the community.

### 5. Use it as a decision making tool. Every time you are confronted with a decision, review your plan and ask yourself if you say yes to the decision will it support the plan or sabotage it.